

JUNE 2010 Activity Schedule

For More Information, Call Bonnie Schechter at (732) 249-2012

Monday	Tuesday **	Wednesday	Thursday	Friday
	<u>In Highland Park</u> (1) 9:30 Wood Carving 10:00 Chorus 11:00 Exercise 11:30 Lunch	(2) 9:30 Breakfast 10:15 "You Be The Judge" 11:15 Torah Study with Rabbi Epstein 12:00 Lunch	(3)	(4) 9:30 Breakfast 10:15 Current Events Discussion 11:15 "Balance & Falls in Seniors - Exercises For Prevention," presented by Geeta Arora, PT 12:00 Shabbat Lunch
(7) 9:30 Breakfast 10:00 MOVIE: "It's Complicated" See Flyer For Details 11:00 Musical Program -Francine 12:00 Lunch	<u>In Highland Park</u> (8) 9:30 Wood Carving 10:00 Chorus 11:00 Exercise 11:30 Lunch	(9) 9:30 Breakfast 10:15 "You Be The Judge" 11:15 "Living Wills, Power of Attorney & Guardianship," presented by Ben Menashe, Attorney 12:00 Lunch	(10)	(11) 9:30 Breakfast 10:15 Current Events Discussion 11:15 "Healthy Aging As It Relates To Skin Care," presented by MaryKay Specialist Lavern Syria 12:00 Shabbat Lunch
(14) 9:30 Breakfast 10:00 MOVIE: "As It Is In Swedish Heaven" See Flyer For Details 11:00 Musical Program -Francine 12:00 Lunch	<u>In Highland Park</u> (15) 9:30 Wood Carving 10:00 Chorus 11:00 Exercise 11:30 Lunch	(16) 9:30 Breakfast 10:15 "You Be The Judge" 11:15 Jewish Historical Society presents, "Jewish Pirates of the Carribean," with speaker Phil Cantor 12:00 Lunch	(17)	(18) 9:30 Breakfast 10:15 Current Events Discussion 11:15 "How To Look Back With Joy," presented by Mildred Potenza 12:00 Shabbat Lunch
(21) 9:30 Breakfast 10:00 MOVIE: "Enron: The Smartest Guys in the Room" See Flyer For Details 11:00 Musical Program -Francine 12:00 Lunch	<u>In Highland Park</u> (22) 9:30 Wood Carving 10:00 Chorus 11:00 Exercise 11:30 Lunch	(23) 9:30 Breakfast 10:15 "You Be The Judge" 11:15 "Decorative Arts," presented by the Newark Museum 12:00 Lunch	(24)	(25) 9:30 Breakfast 10:15 Current Events Discussion 11:15 Rachel Whitereads, "Memorials of the Holocaust," presented by Fagie Hecht, Rutgers Art History Graduate Student 12:00 Shabbat Lunch
(28) 9:30 Breakfast 10:00 MOVIE: "The Singing Revolution" See Flyer For Details 11:00 Musical Program -Francine 12:00 Lunch	<u>In Highland Park</u> (29) 9:30 Wood Carving 10:00 Chorus 11:00 Exercise 11:30 Lunch	(30) 9:30 Breakfast 10:15 "You Be The Judge" 11:15 "Making Friends In Your Senior Adult Years," presented by Dale Ofei Aisi 12:00 Lunch		

**** PLEASE NOTE : ALL TUESDAY PROGRAMS TAKE PLACE AT THE H.P. RECREATION CENTER**