

JUNE 2010 HOT MENU

\$3.50 Donation Per Meal

Monday	Tuesday	Wednesday	Thursday	Friday
	(1) 3 oz. Sloppy Joe ½ c. Noodles ½ c. Mixed Veggies Fresh Fruit	(2) 3 oz. Eggplant Parmesan ½ c. Spinach Kugel ½ c. Corn Fresh Fruit	(3) 3 oz. Turkey Sandwich ½ c. Coleslaw 1 Potato Knish Fresh Fruit	(4) 3 oz. Meatloaf ½ c. Mashed Potatoes ½ c. Carrots Fresh Fruit
(7) 3 oz. Apricot Chicken ½ c. Lo Mein ½ c. Peppers/Onions Fresh Fruit	(8) 3 oz. Meatballs ½ c. Spaghetti/Sauce ½ c. Green Beans Fresh Fruit	(9) 3 oz. Stuffed Pepper 1 Baked Potato ½ c. Mixed Veggies Fresh Fruit	(10) 3 oz. Tuna Burger ½ c. Spinach Kugel ½ c. Corn Fresh Fruit	(11) 3 oz. Breaded Chicken ½ c. Noodle Kugel ½ c. Squash Fresh Fruit
(14) 3 oz. Salisbury Steak/Onions ½ c. Roasted Potatoes ½ c. Green Beans Fresh Fruit	(15) 3 oz. BBQ Chicken ½ c. Rice ½ c. Broccoli Fresh Fruit	(16) 3 oz. Stuffed Cabbage ½ c. Mashed Potatoes ½ c. Zucchini Fresh Fruit	(17) 3 oz. Turkey Sandwich ½ c. Coleslaw 1 Potato Knish Fresh Fruit	(18) 3 oz. Meatballs ½ c. Spaghetti/Sauce ½ c. Cauliflower Fresh Fruit
(21) 3 oz. Beef Stew ½ c. Wide Noodles ½ c. Mixed Veggies Fresh Fruit	(22) 3 oz. Eggplant Parmesan ½ c. Broccoli Kugel ½ c. Corn Fresh Fruit	(23) 3 oz. Breaded Chicken ½ c. Rice ½ c. Broccoli Fresh Fruit	(24) 3 oz. Salmon Burger ½ c. Spinach ½ c. Corn Kugel Fresh Fruit	(25) 3 oz. Salisbury Steak/Onions ½ c. Mashed Potatoes ½ c. Green Beans Fresh Fruit
(28) 3 oz. Turkey Sandwich ½ c. Coleslaw ½ c. Potato Salad Fresh Fruit	(29) 3 oz. Stuffed Cabbage ½ c. Mashed Potatoes ½ c. Squash Fresh Fruit	(30) 3 oz. Baked Ziti ½ c. Spinach Kugel ½ c. Mixed Veggies Fresh Fruit		